



# DECEMBER 2009



## Turning the Hearts Center Calendar of Events

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Chill Out!</b> <b>Anger Management</b> Ages 13-17 Every Monday 5:00pm-6:30pm Manny Castro	1 <b>WORK READINESS</b> Moday-Friday Every Other Week 10:00am-11:30am Gabe Godines	2 <b>Adult Anger Management</b> Every Wednesday 5:00pm-6:30pm Manny Castro	3 <b>G.A.M.E.</b> Ages 13-17 Every Thursday 5:00pm-6:30pm Manny Castro Manny Castro <b>Parenting Classes</b> 5:00pm-6:30pm Every Thursday English/Spanish Liz Magana	4 <b>Men On the rise</b> Ages 18-21 Every Friday 5:00pm-6:30pm Bruce Westfield	5 <b>Low Rider-Toy Drive</b> At Boston Market 770 Otay Lakes Road, Eastlake 12:00pm-6:00pm Bring friends and unwrapped toy!	6 <b>Guiding Principle #1</b> "Community Driven" We listen and speak up for the community because we are the community
7 <b>Boys to Men</b> Ages 13-17 Every Monday 5:00pm-6:30pm Bruce Westfield	8 <b>Parent Project</b> Every Tuesday 6:00pm-9:00pm Spanish Alma Martinez	9 <b>Teen Mom Group</b> Ages 20 and Under Every Wednesday 5:00pm-6:30pm Susana Miranda	10 <b>GED Tutorial Program</b> Every Tuesday and Thursday 4:00pm-6:00pm English Bruce Westfield	11 <b>Girls 2 Women Retreat</b> Friday 6pm -Saturday 11am Alejandra Aceves	12 <b>Girls 2 Women Retreat</b> Friday 6pm -Saturday 11am Alejandra Aceves	13 <b>Guiding Principle #2</b> "Community Service" In order to understand we must first learn to serve
14 <b>WORK READINESS</b> Moday-Friday Every Other Week 10:00am-11:30am Gabe Godines	15 <b>Parenting From the Heart</b> Every Tuesday 6:30pm-8:00pm Spanish Alma Martinez	16 <b>WORK READINESS</b> Moday-Friday Every Other Week 10:00am-11:30am Gabe Godines	17 <b>Women on the Rise</b> Ages 18-21 Every Thursday 5:00pm-6:30pm <b>Girls Rise Up</b> Ages 9-12 Every Thursday 4:30pm-6:00pm Alejandra Aceves	18 <b>Change of Heart</b> Substance Abuse Class Every Friday 5:00pm-6:30pm Manny Castro	19 <b>THC Graduation</b> 11:00am-1:00pm	20 <b>Guiding Principle #3</b> "Family Centered" Keeping families healthy and together is our top priority
21 <b>Change of Heart</b> Substance Abuse Class Every Monday 7:00pm-8:00pm Manny Castro	22 <b>Domestic Violence Support Group</b> Every Tuesday 5:30pm-6:30pm English Shirley Hernandez	23 <b>Girls 2 Women</b> Ages 13-17 Every Wednesday 5:00pm-6:30pm Alejandra Aceves	24 <b>Christmas Eve</b> Center Closed	25 <b>Christmas Day</b> Center Closed	26 <b>Center Closed</b>	27 <b>Guiding Principle #4</b> "Inclusive" We celebrate, foster and value diversity in all we do
28 <b>Parenting From the Heart</b> Every Monday 6:30pm-8:00pm English Belinda Varela	29 <b>Boys Rise Up</b> Ages 9-12 Every Tuesday 5:00pm-6:30pm Bruce Westfield	30 <b>WORK READINESS</b> Moday-Friday Every Other Week 10:00am-11:30am Gabe Godines	31 <b>New Years Eve</b> Center Closed	<b>New Years Day</b> Center Closed	<b>Center Closed</b>	<b>THC Office Hours</b> Monday-Friday 8:00am-8:00pm Saturday 10:00am-2:00pm

345 5th Ave. Chula Vista, CA 91910 Phone (619) 691-9643 Fax (619) 691-9649  
[www.turningtheheartscenter.org](http://www.turningtheheartscenter.org)